



Reflect on your own experiences with children, families, and colleagues. If you are an supervisor, administrator, or adult educator, how might you use these questions and activities to help other adults reflect on their experiences?

Know Yourself

Knowing how you respond to different types of play is important, as it informs so many aspects of curriculum development, your environment, and interactions. Understanding your preferences and biases may help you to be reflective when making choices for children.

What kinds of play did you most enjoy as a child?

What types of play make you uncomfortable?

How can you provide for play that children might enjoy, but you don't appreciate?

Try This!

As you view the images of children at play, reflect on each of them, and respond to the questions below. The images are located on the website in the Keys to Reflection and Inquiry section of Child Development and Learning.

What feelings did each of these photos raise in you?

How do your reactions reflect your own life experiences and values?

How might you respond to the children's interests in each activity?

What did you learn about yourself through your reflections on these experiences?
