



Reflect on your own experiences with children, families, and colleagues. If you are an supervisor, administrator, or adult educator, how might you use these questions and activities to help other adults reflect on their experiences?

## Turn questions into action

How can you change your view of children who challenge you?

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### **Try This!**

*Lisa Delpit sometimes asks teachers to identify the children in her group whose behaviors cause problems. She asks them to list the behaviors. Then she asks the teachers to look at those behaviors to see if they can be redefined as strengths, or if they can find other strengths in those children.*

— Sokolower, J. (2012).

Observe the identified children for two weeks, focusing on their strengths. Study your observations.

How did reframing the behaviors as strengths change your relationship with each child?

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From doing this activity, what questions emerged for you about how your responses affect your relationships with children?

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