



Reflect on your own experiences with children, families, and colleagues. If you are an supervisor, administrator, or adult educator, how might you use these questions and activities to help other adults reflect on their experiences?

Examine the environments

Think about how your routines and schedule impact the social and emotional environments of your program.

Jot down some aspects of your physical environment that seem to continually be the center of unwanted behaviors.

Try This!

Over the next two weeks, observe and document where and when unwanted behaviors occur. Study these your observations.

What patterns do you notice?

How might your materials and equipment be contributing to unwanted behaviors?

How does your environment invite children to invest their time constructively?

How can the physical cues in your environment be made more clear to the children?

How do the routines, schedule, or arrangement of the space contribute to the behaviors?

What changes might positively affect the children's behaviors?
