

## ACTIVITY 1

### What is important to me for my children?



#### OBJECTIVES:

- Participants will consider what is important to them as parents.
- Participants will identify and create a reminder of what they wish for their children.
- Participants will share and discuss as they feel comfortable.

#### MATERIALS REQUIRED:

- Highlighters
- Post-it notes
- Chart paper

#### TIME:

- 15 minutes

#### PROCESS:

##### Prior to training:

- Print the What is important to me for my children? handout.
- Answer the questions for yourself as a facilitator. If you do not have children, think about the questions in regard to a niece, nephew, or a friend's child who you are close to.

##### During the training:

- Follow the facilitator guide instructions:
  - Pause the module from advancing and invite participants to find and answer the questions on the handout—What is important to me for my children?
  - Ask participants to highlight key words from their answers.
  - Have participants write the words they highlighted on Post-it notes and invite them to put the notes on one of the walls in the room or on a large piece of chart paper on the wall.
  - Invite parents to walk around and read the words others have put on the wall.
  - Make note of common words and ask participants if they noticed that any of their words were the same.