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| Democratic Trail Mix |  |

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|  | **intent:** Participants engage in different democratic experiences utilizing seven-seed trail mix. |
|  | **OUTCOMES:** Participants will experience different forms of democratic experiences. |
|  | **Materials Required:** * Handout 3: Interactions and Strategies to Support Democratic Participation
* Handout 4: Democratic Trail Mix
* Seven seeds (or other trail mix components—with or without peanuts)
* Paper cups or bags
* Group members

  **TIME**: 15 minutes |
| MPj04384510000[1] | **Process:** Participants should have already read the paragraph from the PCF describing when to appropriately use the democratic process two slides earlier. If they have not yet done so, invite them to read it now.* Ask groups to locate their seven-seed trail mix components. Share that they can feel free to snack on the trail mix throughout the activity.
* Have group members use Handout 3: Interactions and Strategies to Support Democratic Participation as a guide to create different ways of obtaining, choosing, and/or interacting with the seven-seed trail mix and to generate examples of the three different democratic experiences mentioned in the Preschool Curriculum Framework:
	+ Child gets own way
	+ Decisions by graph (individual and group)
	+ Group decision based on majority rule
* Direct participants to complete the middle column of Handout 4: Democratic Trail Mix; they should be prepared to share individually.
* Ask participants to vote on how they will travel to find a partner with whom to share their ideas; the options are five hops, 15 steps, or 30 seconds of dancing.
* Have partners exchange ideas and fill in the second column of Handout 4: Democratic Trail Mix. (Have participants rotate to multiple partners if time allows.)
* Direct participants to return to their seats and to follow the prompts on the bottom of Handout 4: Democratic Trail Mix:
	+ Circle your two favorite ideas.
	+ When would you use these ideas?
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* **Debrief**: Invite a few participants to share their responses.