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| How Do You Remember? |  |

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|  | **intent:** Participants discover how they identify memories—either by time sequence or emotion. |
|  | **OUTCOME:** Participants will experience identifying different forms of memory. |
|  | **Materials Required:** * Group members
* Paper
* PowerPoint slide

 **TIME**: 15 minutes |
| MPj04384510000[1] | **Process:** **Part 1*** Ask participants to think of a vivid personal memory they are willing to share, and use the materials at the table to draw their memory.
* After everyone has completed the memory drawing, share the Narrative Differences slide.
* Invite the participants to read the paragraph in the Bibliographic Notes on their own for further understanding.
	+ Optional: Have participants do this in the training.

**Part 2*** Ask participants to reflect upon and address the following:
	+ Look at your drawing and think about your memory.
	+ Do you primarily use time sequence or emotion?
* Teachers need to be able to support both types of narrative memory. Together we will practice using both types:
	+ Using the same memory, try grounding it into something new (using time or emotion).
	+ How would the story be different?
	+ Share with your partner.
* Reflect on this experience:
	+ What cues will you use to trigger the memory in the classroom?
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