

# ACTIVITY 1

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## Brains and Bodies

**INTENT:**

Access group knowledge regarding the topic of alphabetic and word/print recognition.

**OUTCOMES:**

Participants will meet their tablemates, share knowledge about alphabetic and word/print recognition, and experience a Universal Design for Learning (UDL) strategy to support alphabetic and word/print recognition.

**MATERIALS REQUIRED:**

- Chart paper
- Markers
- Tablemates

**TIME:** 10 minutes

(5 minutes at the beginning of day and 5 minutes near closing)

**PROCESS:**Prior to training:

- Place a piece of chart paper and markers on each tabletop.

During training:

- Invite participants to find the chart paper and markers on their tabletop.
- Ask table groups to discuss what comes to mind when they hear the term “alphabetic and word/print recognition” and to record this information on their chart paper.
- Have table groups circle one of the letters on their chart.
- Direct participants to use their bodies to form the letter they circled.