HANDOUT 7

PD 1: Perceptual-Motor Skills and Movement Concepts

Child moves body and interacts with the environment, demonstrating increasing awareness of own physical effort, body awareness, spatial awareness, and directional awareness



Building			Integrating		
Earlier	Middle	Later	Earlier	Middle	Later
Tries different ways to coordinate movements of large or small body parts	Adjusts, with adult guidance, aspects of movement (e.g., effort, spatial, directional) in relation to people and object	Anticipates and then adjusts, on own, aspects of movement (e.g., effort, spatial, directional) in relation to people and objects in familiar spaces	Anticipates and adjusts aspects of movement (e.g., effort, spatial, directional) during new activities, in changed environments, or on different surfaces	Maintains spacing of body in relation to coordinated movements of others while coordinating own body movements	Adjusts movement of body in time and space to meet the requirements of structured physical play activities, including games and dance
Possible Examples Changes movements when shaking the parachute during gym or recess. Starts and stops movements of different body parts during a freeze- dance game. Moves over, under, around, and through large objects in an obstacle course, sometimes bumping them.	 Avoids bumping into orange cones on a path for wheel toys by moving around them, after an adult points to the cones. Raises knees high when following an adult marching. Moves away from a nearby child after an adult communicates, "Make sure you have enough room to stretch without bumping your neighbor." 	 Changes pathway of movement from straight to curved or zigzag when following another child during a game of follow the leader. Pedals a wheel toy harder to go faster when catching up to another child on a wheel toy. Uses feet to slow self when coming down a ramp. Reaches for a small pitcher of milk without bumping into other objects on the table during lunch. 	 Moves other wheel toys closer together to make room for a new wheel toy when putting it away during outdoor play. Tries several different ways to move through sections of a new obstacle course. Walks carefully after slipping on wet leaves or grass during a nature walk. 	 Moves in sync with others who are moving in the same direction while dancing or marching. Stands back-to-back with another child, links arms, then walks forward and backward, coordinating movements together. Maintains spacing while performing a traditional group folk dance (such as 'circle dosie-do'). Tries to maintain group spacing when moving together down the field toward an opponent's end during a game. 	 Engages in a soccer-type game, maintaining spacing of self in relation to other teammates, and passing ball when another teammate is open. Places self in a defensive position in relationship to an opponent approaching a basketball net. Maintains group spacing in a sequenced ribbon dance and moves ribbons in unison with other dancers.

○ Child is emerging to the next developmental level

Unable to rate this measure due to extended absence

PD 1 (of 4)

Perceptual-Motor Skills and Movement Concepts

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