 Growing and Changing

![MPj04331790000[1]]()

**intent:**

Introduce a literacy strategy that promotes self-awareness and initiative.

**GOAL:**

Participants will leave with a tool to incorporate the Self strand with the Language and Literacy domain.

![MCBS00539A0000[1]]()

**Materials Required:**

* Handout 1: Growing and Changing
* White copy paper
* Various colored writing and drawing tools
* Paper clips or binder clips

**Time:**  15 minutes

**![MPj04384510000[1]]()**

**Process:**

* + - Let participants know that we will do a quick make and take that combines self-awareness and initiative with language and literacy.
		- Ask participants to take and review Handout 1: Growing and Changing.
		- Individually, ask each participant to create their own page for the Growing and Changing book, based on the guidelines on the screen. Point out that the wording has been modified for an adult group.
		- Use paper clips to bind the table’s pages together. Add a cover. Have one volunteer read the resulting book to the rest of the table members.
		- Redistribute the pages to the “authors” for them to take back to the classroom.
		- Invite comments and feedback. How might the wording of the book be modified using Dwecks’ “Power of Yet” strategy?