|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| **“Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not.” – Dr. Seuss** |
|  |

 |  |  | **HANDOUT 4**All About Self Book**9399264008_651e6a2da6_zAll About Self** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Some key findings I don’t want to forget**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  | Topic 3Self-regulationI was surprised to learn:My strength in this area:A new approach I will add to my existing classroom:

|  |  |
| --- | --- |
|  |  |

 |
| **1** |  |  | 6 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Some key findings I don’t want to forget**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  | **Topic 1****Self-awareness and Initiative****I was surprised to learn:****My strength in this area:****A new approach I will add to my existing classroom:** |
| 5 |  |  | 2 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Some key findings I don’t want to forget** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  | **Topic 2****Social and Emotional Understanding and Empathy and Caring****I was surprised to learn:****My strength in this area:****A new approach I will add to my existing classroom:** |
| 3 |  |  | 4 |