

TRAINER TOOL

Live-It-Up Café

Key Concept	Station	Materials	Resources	Group Feedback from Pilot
Growth and transformations	Cantaloupe Growing		Grow It, Try It, Like It! Cantaloupe lesson	This station cannot be done at the training because it requires participation “over time.” It is ideal however for classroom use.
Basic needs	Beanie Baby	<ul style="list-style-type: none"> • Necklace baggies • Cotton balls • Seeds • String • Hole puncher 	Sowing the Seeds of Wonder	
Habitats		<ul style="list-style-type: none"> • Red wrigglers • Dirt • Plastic container Or <ul style="list-style-type: none"> • Different types of potatoes • Dirt/Soil • Containers • Shovels • Scale 		They loved digging up potatoes. There were several ideas for which times of the year to do this activity, including winter—when bringing nature indoors is the most beneficial. Some teachers wanted to plant the potatoes and then have children harvest them.
Body parts and bodily processes	Seed Secrets (Examining the inside and outside of seeds)	<ul style="list-style-type: none"> • Soaked beans (fava, kidney, scarlet) • Area to dissect and explore 	Sowing the Seeds of Wonder	Participants noted how interesting it was to use a magnifying glass and look at beans in a new way (not just for sorting and patterning).
Appearance and behaviors	Leaf Rubbing	<ul style="list-style-type: none"> • Variety of different leaves • Different color chalk, crayons, and pencils • Difference colored paper 		This group was very creative and began thinking about all the other ways art could be used to highlight the appearance and behaviors of plants. They were brainstorming for songs that would support this idea.
Appearance and behaviors	Leaf Tea	<ul style="list-style-type: none"> • Variety of different leaves (mint, rosemary, lavender, sage) • Water • Ice 		At first participants were hesitant to try the tea (similar to children), but once a brave leader stepped forward everyone followed. Their favorite flavor was mint.