Training Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Training Location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Training Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Training Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

| Time | Speaker | Content/Activity | Materials |
| --- | --- | --- | --- |
| Before training |  | **Set-up**   * Post the chart papers on the wall—one on each side of the room—for questions that may arise during presentation or activities. * Place participant folders on tables or hand them out at registration if someone there to monitor. * Create a sign-in sheet and place it in the front of the room. * Set up the computer/laptop and TEST FOR SOUND BEFORE THE SESSION BEGINS. | * See Handout 1: Module Facilitation Preparation Checklist (from Module 1) |
| 5 min. |  | **Welcome**   * Remind participants to sign in. * Review the agenda including (if applicable) break and lunch information. * Review the folder contents. | * Facilitator Guide * Participant handouts/folder |
| 5 min. |  | **Objectives**   * Share the objectives for the training. * Note questions (if any) from the group on chart paper/white board. | * Facilitator Guide |
| 5 min. |  | **Icebreaker Activity**   * Identify a short activity to get participants engaged and ready to learn. | * Activity materials, if any |
| 10 min. |  | **Begin Section 1 of Module: Parenting Styles** | * Online module * Facilitator Guide |
| 10 min. |  | **Personal Reflection**   * Follow the Facilitator Guide to lead the participants in the reflection or activity. * Use strategies from Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) to support your facilitation. | * Online module * Facilitator Guide * Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) * Participant handouts/folder |
| 5 min. |  | **Continue with Section 1** | * Online module |
| 5 min. |  | **Activity: Parenting Style**   * Follow the instructions on the activity sheet—Activity 1: Parenting Style | * Online module * Facilitator Guide * Activity sheet— Activity 1: Parenting Style |
| 10–15 min. |  | **Hands-on Activity**   * Follow the Facilitator Guide and instructions for leading participants in the hands-on activity. * Distribute the supplies for the activity, including handouts (if any). * Use strategies from Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) to support your facilitation. * Encourage participants to share their final product (See the Facilitator Guide for reflective questions.). | * Online module * Facilitator Guide * Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) * Participant handouts/folder |
|  |  | **Begin Section 2: Positive Parent and Child Relationships** | * Online module * Facilitator Guide |
| 5 min. |  | **Slow Down and Discuss**   * Ask the questions on slide. * Refer to the Facilitator Guide. | * Online module * Facilitator Guide |
| 10 min. |  | **Begin Section 3: Understanding Child Temperaments**   * Play the video to start the section. * Continue with Section 3 after the video finishes. | * Online module |
| 5 min. |  | **Activity: Temperament Survey**   * Go to the Temperament Self-Assessment slide. * Distribute the Temperament Self-Assessment handout. * Share the results from your own temperament self-assessment. | * Online module * Facilitator Guide * Temperament Self-Assessment handout |
| 10 min. |  | **Begin section 4: Understanding Your Child**   * Select each picture to learn about each age group. | * Facilitator Guide |
| 5 min. |  | **Personal Reflection**   * Distribute Personal Reflection Handout “What do you expect from your child?” | * Facilitator Guide * Personal Reflection Handout |
| 5 min. |  | **Culture Matters slides and Personal Reflection**   * Distribute Culture Matters page from the Personal Reflection Sheets handout. | * Facilitator Guide * Personal Reflection Sheets handout (Culture Matters page) |
| 10 min. |  | **Activity: Parenting Manifesto**   * Distribute The Wholehearted Parenting Manifesto handout and the Parenting Manifesto Sample Template handout. * Distribute the blank paper and markers. * Refer to the Facilitator Guide for instructions on the activity sheet—Activity 3: Parenting Manifesto. | * Facilitator Guide * The Wholehearted Parenting Manifesto handout * Parenting Manifesto Sample Template handout |
| 5 min. |  | **Begin Section 5: Sharing Strategies** | * Online module * Facilitator Guide |
| 10 min. |  | **Personal Reflection: Parenting Situations**   * Refer to the Facilitator Guide for instructions. * Select each age and read through the situations. * Allow time for participants to discuss. | * Online module * Facilitator Guide |
| 5 min. |  | **Activity: Talking Every Day**   * Distribute the Conversation Starters for Daily Life handout. * Distribute sample conversation starter cards or blank cards for creating conversation starters. | * Online module * Facilitator Guide * Conversation Starters for Daily Life handout |
| 10 min. |  | **Action Plan**   * Go to the action plan slide in the module and press play. * Distribute the action plan sheets. * Refer to the Facilitator Guide for more instructions. * Provide an example of your action plan after viewing the action plan slides. * Allow participants to share their plans (if comfortable). | * Online module * Facilitator Guide * Action Planning handout |
| 5 min. |  | **Question and Answer**   * Address any final questions that haven’t been answered. *Remember that it is ok to say the following:* * *“Let me find out more and get back to you.”* * *“What does everyone else think about this?”* | * Online module * Facilitator Guide |
| 5 min. |  | **Thank Participants**   * Share additional training dates (Refer to the Facilitator Guide for objectives.). * Thank everyone for coming. * Request that participants complete a training evaluation to improve your facilitation of the training. | * Facilitator Guide * Evaluation |