Training Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Training Location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Training Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Training Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

| Time | Speaker | Content/Activity | Materials |
| --- | --- | --- | --- |
| Before training |  | **Set-up*** Post the chart papers on the wall—one on each side of the room—for questions that may arise during presentation or activities.
* Place participant folders on tables or hand them out at registration if someone there to monitor.
* Create a sign-in sheet and place it in the front of the room.
* Set up the computer/laptop and TEST FOR SOUND BEFORE THE SESSION BEGINS.
 | * See Handout 1: Module Facilitation Preparation Checklist (from Module 1)
 |
| 5 min. |  | **Welcome*** Remind participants to sign in.
* Review the agenda including (if applicable) break and lunch information.
* Review the folder contents.
 | * Facilitator Guide
* Participant handouts/folder
 |
| 5 min. |  | **Objectives*** Share the objectives for the training.
* Note questions (if any) from the group on chart paper/white board.
 | * Facilitator Guide
 |
| 5 min. |  | **Icebreaker Activity*** Identify a short activity to get participants engaged and ready to learn.
 | * Activity materials, if any
 |
| 10 min. |  | **Begin Section 1 of Module: Parenting Styles** | * Online module
* Facilitator Guide
 |
| 10 min. |  | **Personal Reflection** * Follow the Facilitator Guide to lead the participants in the reflection or activity.
* Use strategies from Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) to support your facilitation.
 | * Online module
* Facilitator Guide
* Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1)
* Participant handouts/folder
 |
| 5 min. |  | **Continue with Section 1**  | * Online module
 |
| 5 min. |  | **Activity: Parenting Style*** Follow the instructions on the activity sheet—Activity 1: Parenting Style
 | * Online module
* Facilitator Guide
* Activity sheet— Activity 1: Parenting Style
 |
| 10–15 min. |  | **Hands-on Activity*** Follow the Facilitator Guide and instructions for leading participants in the hands-on activity.
* Distribute the supplies for the activity, including handouts (if any).
* Use strategies from Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1) to support your facilitation.
* Encourage participants to share their final product (See the Facilitator Guide for reflective questions.).
 | * Online module
* Facilitator Guide
* Handout 3: Tip Sheet of Strategies for Adult Learners (from Module 1)
* Participant handouts/folder
 |
|  |  | **Begin Section 2: Positive Parent and Child Relationships** | * Online module
* Facilitator Guide
 |
| 5 min. |  | **Slow Down and Discuss*** Ask the questions on slide.
* Refer to the Facilitator Guide.
 | * Online module
* Facilitator Guide
 |
| 10 min. |  | **Begin Section 3: Understanding Child Temperaments*** Play the video to start the section.
* Continue with Section 3 after the video finishes.
 | * Online module
 |
| 5 min. |  | **Activity: Temperament Survey** * Go to the Temperament Self-Assessment slide.
* Distribute the Temperament Self-Assessment handout.
* Share the results from your own temperament self-assessment.
 | * Online module
* Facilitator Guide
* Temperament Self-Assessment handout
 |
| 10 min. |  | **Begin section 4: Understanding Your Child*** Select each picture to learn about each age group.
 | * Facilitator Guide
 |
| 5 min. |  | **Personal Reflection*** Distribute Personal Reflection Handout “What do you expect from your child?”
 | * Facilitator Guide
* Personal Reflection Handout
 |
| 5 min. |  | **Culture Matters slides and Personal Reflection*** Distribute Culture Matters page from the Personal Reflection Sheets handout.
 | * Facilitator Guide
* Personal Reflection Sheets handout (Culture Matters page)
 |
| 10 min. |  | **Activity: Parenting Manifesto*** Distribute The Wholehearted Parenting Manifesto handout and the Parenting Manifesto Sample Template handout.
* Distribute the blank paper and markers.
* Refer to the Facilitator Guide for instructions on the activity sheet—Activity 3: Parenting Manifesto.
 | * Facilitator Guide
* The Wholehearted Parenting Manifesto handout
* Parenting Manifesto Sample Template handout
 |
| 5 min. |  | **Begin Section 5: Sharing Strategies** | * Online module
* Facilitator Guide
 |
| 10 min. |  | **Personal Reflection: Parenting Situations*** Refer to the Facilitator Guide for instructions.
* Select each age and read through the situations.
* Allow time for participants to discuss.
 | * Online module
* Facilitator Guide
 |
| 5 min. |  | **Activity: Talking Every Day*** Distribute the Conversation Starters for Daily Life handout.
* Distribute sample conversation starter cards or blank cards for creating conversation starters.
 | * Online module
* Facilitator Guide
* Conversation Starters for Daily Life handout
 |
| 10 min. |  | **Action Plan*** Go to the action plan slide in the module and press play.
* Distribute the action plan sheets.
* Refer to the Facilitator Guide for more instructions.
* Provide an example of your action plan after viewing the action plan slides.
* Allow participants to share their plans (if comfortable).
 | * Online module
* Facilitator Guide
* Action Planning handout
 |
| 5 min. |  | **Question and Answer*** Address any final questions that haven’t been answered. *Remember that it is ok to say the following:*
* *“Let me find out more and get back to you.”*
* *“What does everyone else think about this?”*
 | * Online module
* Facilitator Guide
 |
| 5 min. |  | **Thank Participants*** Share additional training dates (Refer to the Facilitator Guide for objectives.).
* Thank everyone for coming.
* Request that participants complete a training evaluation to improve your facilitation of the training.
 | * Facilitator Guide
* Evaluation
 |